

# PINC physiotherapy clinics



## Auckland

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<b>Active+ Albany</b>	Albany, Auckland	(09) 444 1925	<a href="http://www.activeplus.co.nz/locations/albany-north-shore">www.activeplus.co.nz/locations/albany-north-shore</a>
<b>Active+ Ellerslie</b>	Ellerslie, Auckland	(09) 579 0004	<a href="http://www.activeplus.co.nz/locations/ellerslie">www.activeplus.co.nz/locations/ellerslie</a>
<b>Active+ Howick</b>	Howick, Auckland	(09) 535 9160	<a href="http://www.activeplus.co.nz/locations/howick">www.activeplus.co.nz/locations/howick</a>
<b>Active+ Mt Eden</b>	Mount Eden, Auckland	(09) 631 0010	<a href="http://www.activeplus.co.nz/locations/dominion-road/">www.activeplus.co.nz/locations/dominion-road/</a>
<b>Active+ Papakura</b>	Papakura, Auckland	(09) 296 1026	<a href="http://www.activeplus.co.nz/locations/papakura-counties-care/">www.activeplus.co.nz/locations/papakura-counties-care/</a>
<b>Active+ Silverdale</b>	Silverdale, Auckland	(09) 427 4477	<a href="http://www.activeplus.co.nz/locations/active-silverdal">www.activeplus.co.nz/locations/active-silverdal</a>
<b>Active+ Snells Beach</b>	Snells Beach, Auckland	(09) 425 4433	<a href="http://www.activeplus.co.nz/locations/snells-beach">www.activeplus.co.nz/locations/snells-beach</a>
<b>Active+ Warkworth</b>	Warkworth, Auckland	(09) 425 7698	<a href="http://www.activeplus.co.nz/locations/warkworth">www.activeplus.co.nz/locations/warkworth</a>
<b>Auckland Physiotherapy</b>	Newmarket, Auckland	(09) 366 4480	<a href="http://www.aucklandphysiotherapy.co.nz">www.aucklandphysiotherapy.co.nz</a>
<b>Bay Physiotherapy*</b>	St Heliers, Auckland	(09) 575 3666	<a href="http://www.bayphysiostheliers.co.nz">www.bayphysiostheliers.co.nz</a>
<b>bcalm Physiotherapy</b>	Rothesay Bay, Auckland	021 735 059	<a href="http://www.bcalmphysiotherapy.co.nz">www.bcalmphysiotherapy.co.nz</a>
<b>Be Physio and Health</b>	Parnell, Auckland	(09) 307 7070	<a href="http://www.bephysio.co.nz">www.bephysio.co.nz</a>
<b>Clendon Physiotherapy</b>	Manurewa, Auckland	(09) 266 3166	<a href="mailto:alison@clendonphysio.co.nz">alison@clendonphysio.co.nz</a>

### For more information

0800 BC NURSE (0800 226 8773)  
supportservices@bcf.org.nz  
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<b>Harbour Cancer Centre Physiotherapy</b>	Glenfield, Auckland	(09) 925 4451	<a href="http://www.harbourcancer.co.nz/">www.harbourcancer.co.nz/</a>
<b>New Lynn Physiotherapy</b>	New Lynn, Auckland	(09) 826 1122	<a href="http://www.newlynnphysio.co.nz">www.newlynnphysio.co.nz</a>
<b>Peak Pilates and Physiotherapy Botany</b>	Botany Downs Auckland	(09) 274 6000	<a href="http://www.peakpilatesgroup.co.nz/studio/botany">www.peakpilatesgroup.co.nz/studio/ botany</a>
<b>Peak Pilates and Physiotherapy Grey Lynn</b>	Grey Lynn, Auckland	(09) 376 8343	<a href="http://www.peakpilatesgroup.co.nz/studio/grey-lynn">www.peakpilatesgroup.co.nz/studio/ grey-lynn</a>
<b>Peak Pilates and Physiotherapy Merton Rd/ St Johns</b>	St Johns, Auckland	(09) 950 6102	<a href="http://www.peakpilates.co.nz/st-johns-merton-rd">www.peakpilates.co.nz/st-johns-merton-rd</a>
<b>Peak Pilates and Physiotherapy Millwater</b>	Millwater, Auckland	(09) 9590211	<a href="http://www.peakpilatesgroup.co.nz/studio/millwater">www.peakpilatesgroup.co.nz/studio/millwater</a>
<b>Peak Pilates and Physiotherapy St Heliers</b>	St Heliers, Auckland	(09) 575 6418	<a href="http://www.peakpilates.co.nz/st-heliers/">www.peakpilates.co.nz/st-heliers/</a>
<b>Physio Culture Ltd</b>	Orewa, Auckland	022 354 8466	<a href="mailto:pinc.physio@gmail.com">pinc.physio@gmail.com</a>
<b>Physio Flex</b>	Helensville, Auckland	(09) 420 8899	<a href="http://www.physioflex.co.nz">www.physioflex.co.nz</a>
<b>Physio Mechanics Karaka</b>	Karaka, Auckland	(09) 296 7677	<a href="http://www.physiomechanics.co.nz/clinic/karaka-clinic/">www.physiomechanics.co.nz/clinic/ karaka-clinic/</a>
<b>Physio Mechanics Pukekohe</b>	Pukekohe, Auckland	(09) 237 1080	<a href="http://www.physiomechanics.co.nz/clinic/pukekohe-clinic/">www.physiomechanics.co.nz/clinic/pukekohe-clinic/</a>
<b>Physio Mechanics Takanini</b>	Takanini, Auckland	(09) 299 7677	<a href="http://www.physiomechanics.co.nz/clinic/takanini-clinic/">www.physiomechanics.co.nz/clinic/ takanini-clinic/</a>

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<b>Physio Rehab Group Lunn Ave</b>	Remuera, Auckland	(09) 527 8468	<a href="http://www.physiorehabgroup.co.nz/lunn-ave">www.physiorehabgroup.co.nz/lunn-ave</a>
<b>Physio Rehab Group Mangere</b>	Mangere, Auckland	(09) 979 5111	<a href="http://www.physiorehabgroup.co.nz/mangere/">www.physiorehabgroup.co.nz/mangere/</a>
<b>Ponsonby Physiotherapy</b>	Ponsonby, Auckland	(09) 378 6890	<a href="http://www.ponsonbyphysio.co.nz">www.ponsonbyphysio.co.nz</a>
<b>Takapuna Physiotherapy</b>	Takapuna, Auckland	(09) 486 3194	<a href="http://www.takapunaphysio.co.nz">www.takapunaphysio.co.nz</a>

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## Rest of North Island

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<b>Top North Spinal and Sport Physiotherapy</b>	Kaitaia, Northland	(09) 408 0699	<a href="http://www.topnorthphysio.co.nz">www.topnorthphysio.co.nz</a>
<b>Physio Culture Ltd</b>	Mangonui, Northland	0223548466	<a href="mailto:pinc.physio@gmail.com">pinc.physio@gmail.com</a>
<b>Bodyworks Physiotherapy &amp; Wellness</b>	Kerikeri, Northland	(09) 407 4288	<a href="http://www.bodyworksphysio.co.nz">www.bodyworksphysio.co.nz</a>
<b>Active+ Northland</b>	Whangārei, Northland	09 437 1021	<a href="http://www.activeplus.co.nz/locations/northland/">www.activeplus.co.nz/locations/northland/</a>
<b>Onerahi Physio</b>	Whangārei, Northland	(09) 436 0919	<a href="http://www.onerahiphysio.co.nz">www.onerahiphysio.co.nz</a>
<b>Renee Wood – Āki Innovations</b>	Sun Salute Yoga Studio, Hamilton East	021 0815 8383	<a href="mailto:renee@aki.nz">renee@aki.nz</a> <a href="mailto:marcia@aki.nz">marcia@aki.nz</a>
<b>Hillcrest Physiotherapy</b>	Hillcrest, Hamilton	(07) 856 4656	<a href="http://www.hillcrestphysio.co.nz">www.hillcrestphysio.co.nz</a>
<b>Otorohanga Physiotherapy</b>	Otorohanga, Waikato	(07) 873 7485	<a href="http://www.otophysio.co.nz">www.otophysio.co.nz</a>
<b>Focused Physiotherapy Te Awamutu</b>	Te Awamutu, Waikato	(07) 871 4321	<a href="http://www.focusedphysio.co.nz">www.focusedphysio.co.nz</a>
<b>Thames Physiotherapy Clinic</b>	Thames, Waikato	(07) 868 9579	<a href="http://www.thamesphysio.co.nz">www.thamesphysio.co.nz</a>
<b>Te Ngae Physiotherapy &amp; Pilates</b>	Lynmore, Rotorua	(07) 282 2047	<a href="http://www.globalrehabilitation.co.nz">www.globalrehabilitation.co.nz</a>
<b>Skin Deeper</b>	Waihi, Waikato	021 239 2341	<a href="mailto:viv@totalwp.co.nz">viv@totalwp.co.nz</a>

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<b>Avenues Physio-Fitness</b>	Tauranga Sth, Tauranga	07 579 0421	<a href="http://www.avenuesphysiofitness.co.nz">www.avenuesphysiofitness.co.nz</a>
<b>Body in Motion Bethlehem</b>	Bethlehem, Tauranga	(07) 927 3330	<a href="http://www.bodyinmotion.co.nz/bethlehem">www.bodyinmotion.co.nz/bethlehem</a>
<b>Body in Motion Mount Maunganui</b>	Mt Maunganui, Tauranga	(07) 927 3330	<a href="http://www.bodyinmotion.co.nz/mount-maunganui">www.bodyinmotion.co.nz/mount-maunganui</a>
<b>Penelope Tyson – Physio4Life</b>	Gisborne, Tairāwhiti	027 510 3151	<a href="http://www.physio4life.com">www.physio4life.com</a> <a href="mailto:Penelope.tyson@activeplus.co.nz">Penelope.tyson@activeplus.co.nz</a>
<b>Align Physiotherapy</b>	Havelock North Hastings	(06) 833 6485	<a href="http://www.alignphysio.co.nz">www.alignphysio.co.nz</a>
<b>Habit Health (Havelock North Physiotherapy)</b>	Havelock North Hastings	(06) 877 7100	<a href="http://www.habit.health/about-us/locations/habit-health-havelock-north">www.habit.health/about-us/locations/habit-health-havelock-north</a>
<b>Active+ New Plymouth</b>	New Plymouth	(06) 769 9992	<a href="http://www.activeplus.co.nz">www.activeplus.co.nz</a>
<b>Bounceback Physiotherapy</b>	New Plymouth, Taranaki	(06) 759 2393	<a href="https://bounceback.co.nz/locations/new-plymouth/">https://bounceback.co.nz/locations/new-plymouth/</a>
<b>Bounceback Physio Bellblock</b>	Bell Block, Taranaki	(06) 755 9393	<a href="https://bounceback.co.nz/locations/bell-block/">https://bounceback.co.nz/locations/bell-block/</a>
<b>Bounceback Physio Waitara</b>	Waitara Taranaki	(06) 929 3349	<a href="https://bounceback.co.nz/locations/waitara/">https://bounceback.co.nz/locations/waitara/</a>
<b>TBI Health New Plymouth</b>	New Plymouth	(06) 222 0066	<a href="http://www.tbihealth.co.nz/new-plymouth-clinic">www.tbihealth.co.nz/new-plymouth-clinic</a>

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## Rest of North Island

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<b>Active Plus Whanganui</b>	Whanganui	(06) 348 2069	<a href="http://www.activeplus.co.nz/locations/whanganui">www.activeplus.co.nz/locations/whanganui</a>
<b>Active Plus Marton</b>	Marton	(06) 927 0510	<a href="http://www.activeplus.co.nz/locations/marton">www.activeplus.co.nz/locations/marton</a>
<b>Active Plus Feilding</b>	Feilding	(06) 357 1705	<a href="http://www.activeplus.co.nz/locations/feilding">www.activeplus.co.nz/locations/feilding</a>
<b>Active Plus Palmerston North</b>	Palmerston North	(06) 357 1705	<a href="http://www.activeplus.co.nz/locations/palmerston-north">www.activeplus.co.nz/locations/palmerston-north</a>
<b>Churchyard Physiotherapy</b>	Palmerston North	(06) 354 8008	<a href="http://www.churchyardphysio.co.nz">www.churchyardphysio.co.nz</a>
<b>C Wellness</b>	Paraparaumu, Kapiti	022 635 2934	<a href="mailto:help@cwellness.co.nz">help@cwellness.co.nz</a>
<b>HABIT Kapiti</b>	Paraparaumu, Kapiti	(04) 298 6491	<a href="http://www.habitrehab.co.nz/clinics/kapiti">www.habitrehab.co.nz/clinics/kapiti</a>
<b>HABIT Evans Bay</b>	Kilbirnie, Wellington	(04) 387 2888	<a href="http://www.habitrehab.co.nz/clinics/habit-evans-bay">www.habitrehab.co.nz/clinics/habit-evans-bay</a>
<b>arc Physio Pilates Kelburn</b>	Kelburn, Wellington	0800 474 528	<a href="http://www.pilatesflow.co.nz">www.pilatesflow.co.nz</a>
<b>arc Physio Pilates Hataitai</b>	Hataitai, Wellington	0800 474 528	<a href="http://www.pilatesflow.co.nz">www.pilatesflow.co.nz</a>
<b>Wellington Sports Med</b>	Kilbirnie, Wellington	(04) 909 7609	<a href="http://www.wellingtonsportsmed.co.nz">www.wellingtonsportsmed.co.nz</a>

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## South Island

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<b>Well &amp; Good Health</b>	Blenheim, Marlborough	(03) 577 8999	<a href="http://www.wellandgoodhealth.co.nz">www.wellandgoodhealth.co.nz</a>
<b>Activate Physiotherapy &amp; Rehabilitation</b>	Nelson	(03) 548 2622	<a href="http://www.activatephysiotherapy.co.nz">www.activatephysiotherapy.co.nz</a>
<b>Active Health Rangiora North Canterbury</b>	Rangiora, Canterbury	(03) 383 6290	<a href="http://www.activehealth.co.nz/north-canterbury">www.activehealth.co.nz/north-canterbury</a>
<b>Active Health Christchurch</b>	St Albans & New Brighton, Christchurch	(03) 383 6290	<a href="http://www.activehealth.co.nz/christchurch">www.activehealth.co.nz/christchurch</a>
<b>On The Go Physio</b>	Addington, Christchurch	(021) 247 0514	<a href="http://www.onthegophysio.co.nz">www.onthegophysio.co.nz</a>
<b>Motus Ashburton</b>	Allenton, Ashburton	(03) 308 3838	<a href="http://www.motushealth.co.nz/physio-clinics/motu-ashburton">www.motushealth.co.nz/physio-clinics/motu-ashburton</a>
<b>Total Physiotherapy</b>	Fairlie, Canterbury	(09) 239 1856	<a href="http://www.totalphysiotherapy.co.nz">www.totalphysiotherapy.co.nz</a>
<b>West Coast Physio</b>	Hokitika, West Coast	(03) 755 6887	<a href="http://www.westcoastphysio.co.nz">www.westcoastphysio.co.nz</a>
<b>My Physio</b>	Highfield, Timaru	(03) 686 9399	<a href="http://www.myphysio.health.nz">www.myphysio.health.nz</a>
<b>Central Lakes Physiotherapy</b>	Wanaka, Otago	(03) 443 1711	<a href="http://www.physiowanaka.co.nz">www.physiowanaka.co.nz</a>
<b>Your Physio</b>	Cromwell, Otago	(021) 851 467	<a href="http://www.yourphysio.nz">www.yourphysio.nz</a>
<b>Queenstown Physiotherapy</b>	Queenstown, Otago	(03) 441 0580	<a href="http://www.queenstownphysiotherapy.com">www.queenstownphysiotherapy.com</a>

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## South Island

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**Back in Motion  
Centre City**

Dunedin

(03) 474 9400

[www.backinmotion.co.nz](http://www.backinmotion.co.nz)

**Windsor Street  
Physiotherapy**

Windsor,  
Invercargill

(03) 217 4983

[www.windsorphysio.co.nz](http://www.windsorphysio.co.nz)

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[supportservices@bcf.org.nz](mailto:supportservices@bcf.org.nz)

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