

PINC physiotherapy clinics



Auckland

Active+ Albany	Albany, Auckland	(09) 444 1925	www.activeplus.co.nz/locations/albany-north-shore
Active+ Dominion Road	Mount Eden, Auckland	(09) 631 0010	www.activeplus.co.nz/locations/dominio-road/
Active+ Ellerslie	Ellerslie, Auckland	(09) 579 0004	www.activeplus.co.nz/locations/ellerslie
Active+ Highbrook	East Tamaki, Auckland	(09) 273 7414	www.activeplus.co.nz/locations/highbroc-east-tamaki
Active+ Howick	Howick, Auckland	(09) 535 9160	www.activeplus.co.nz/locations/howick
Active+ Orewa	Orewa, Auckland	(09) 427 4477	www.activeplus.co.nz/locations/orewa
Active+ Snells Beach	Snells Beach, Auckland	(09) 425 4433	www.activeplus.co.nz/locations/snells-be
Active+ Warkworth	Warkworth, Auckland	(09) 425 7698	www.activeplus.co.nz/locations/warkwor
Harbour Cancer Centre Physiotherapy	Glenfield, Auckland	(09) 9254451	www.harbourcancer.co.nz
New Lynn Physiotherapy	New Lynn, Auckland	(09) 826 1122	www.newlynnphysio.co.nz
NorthWest Physio+	Kumeu, Auckland	(09) 412 2945	www.northwestphysioplus.co.nz
Peak Pilates and Physiotherapy Millwater	Millwater, Silverdale	09 9590211	www.peakpilatesgroup.co.nz/studio/millwater

For more information

0800 BC NURSE (0800 226 8773)
supportservices@bcf.org.nz
www.breastcancerfoundation.org.nz

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Peak Pilates and Physiotherapy Botany	Botany Downs, Auckland	(09) 274 6000	www.peakpilatesgroup.co.nz/studio/botany
Peak Pilates and Physiotherapy Grey Lynn	Grey Lynn, Auckland	(09) 376 8343	www.peakpilatesgroup.co.nz/studio/grey-lynn
Peak Pilates and Physiotherapy Next Generation Gym	Parnell, Auckland	(09) 302 2702	www.peakpilatesgroup.co.nz/studio/parnellnext-generation
Peak Pilates and Physiotherapy St Johns	St Johns, Auckland	(09) 905 6102	www.peakpilatesgroup.co.nz/studio/st-jc
Peak Pilates and Physiotherapy Takapuna	Takapuna, Auckland	(09) 489 3482	www.peakpilatesgroup.co.nz/studio/takapuna
Peak Pilates and Physiotherapy St Heliers	St Heliers, Auckland	(09) 575 6418	www.peakpilatesgroup.co.nz/studio/st-heliers
Physio Flex	Helensville, Auckland	(09) 420 8899	www.physioflex.co.nz
Physio Culture Ltd	Orewa, Auckland	022 354 8466	pinc.physio@gmail.com
Physio Mechanics Karaka	Karaka, Auckland	(09) 296 7677	www.physiomechanics.co.nz/clinic/karaka-clinic/
Physio Mechanics Takanini	Takanini, Auckland	(09) 299 7677	www.physiomechanics.co.nz/clinic/takanini-clinic/
Physio Rehab Group Lunn Ave	Remuera, Auckland	(09) 527 8468	www.physiorehabgroup.co.nz/lunn-ave
Physio Rehab Group Mangere	Mangere, Auckland	(09) 979 5111	www.physiorehabgroup.co.nz/mangere/
Ponsonby Physiotherapy	Ponsonby, Auckland	(09) 378 6890	www.ponsonbyphysio.co.nz

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Return to Form Ponsonby	Ponsonby, Auckland	(09) 551 4460	www.returntoform.com
Return to Form Wynyard Quarter	Wynyard Qtr, Auckland	(09) 551 4460	www.returntoform.com
Shore Physio Birkenhead	Birkenhead, Auckland	(09) 480 5237	www.shorephysio.co.nz
Shore Physio Takapuna	Takapuna, Auckland	(09) 489 7573	www.shorephysio.co.nz
Clendon Physiotherapy	Manurewa, Auckland	(09) 266 3166	alison@clendonphysio.co.nz
Total Physiotherapy	Pukekohe, Auckland	(09) 239 1856	www.totalphysiotherapy.co.nz
Waiheke Physio & Pilates	Ostend, Waiheke	(09) 372 8281	www.waihekephysio.co.nz

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Rest of North Island

Bodyworks Physiotherapy & Wellness	Kerikeri, Northland	(09) 407 4288	www.bodyworksphysio.co.nz
Strength & Soul Studio	Whangarei, Northland	020 4000 8642	www.strengthandsoul.co.nz
Movewell Clinic Mangawhai	Mangawhai, Kaipara	(09) 4237449	www.movewell.nz
Tu Tonu Clinic	Pukete, Hamilton	(07) 595 0611	www.tuonu.com
Hillcrest Physiotherapy	Hillcrest, Hamilton	(07) 856 4656	www.hillcrestphysio.co.nz
Recover Rehab	Frankton, Hamilton	027 462 5343	www.recoverrehab.co.nz
Otorohanga Physiotherapy	Otorohanga, Waikato	(07) 873 7485	www.otophysio.co.nz
ZONE Physio and Pilates	Taupo, Waikato	021 566 894	www.pilates4life.co.nz
Focused Physiotherapy Te Awamutu	Te Awamutu, Waikato	(07) 871 4321	www.focusedphysio.co.nz
Thames Physiotherapy Clinic	Thames, Waikato	(07) 868 9579	www.thamesphysio.co.nz
PhysioFirst	Whitianga, Waikato	021 587 262	www.tairuawhitiphysio.co.nz
Te Ngae Physiotherapy & Pilates	Lynmore, Rotorua	(07) 282 2047	www.globalrehabilitation.co.nz

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Rest of North Island

Body in Motion Bethlehem	Bethlehem, Tauranga	(07) 927 3330	www.bodyinmotion.co.nz/bethlehem
Body in Motion Mount Maunganui	Mt Maunganui, Tauranga	(07) 927 3330	www.bodyinmotion.co.nz/mount-maunganui
Body in Motion Papamoa	Papamoa, Tauranga	(07) 927 3330	www.bodyinmotion.co.nz/papamoa
Plus Rehab CHB	Waipukurau, Hawkes Bay	(06) 858 7802	www.plusrehabchb.co.nz
Align Physiotherapy	Taradale, Napier	(06) 833 6485	www.alignphysio.co.nz
Active+ Palmerston North	Palmerston North	(06) 357 1705	www.activeplus.co.nz/locations/palmerston-north/
Churchyard Physiotherapy	Palmerston North	(06) 354 8008	www.churchyardphysio.co.nz
New Plymouth Physiotherapy	New Plymouth	(06) 757 8800	www.npphysio.co.nz
Full Circle Physiotherapy	New Plymouth	021 0824 7798	www.fcphysio.co.nz
Havelock North Physiotherapy	Havelock North, Hastings	(06) 877 7100	www.havelocknorthphysiotherapy.com
HABIT Kapiti	Kapiti, Wellington	(04) 298 6491	www.habitrehab.co.nz/clinics/kapiti
HABIT Majestic Centre	CBD, Wellington	(04) 499 9940	www.habitrehab.co.nz/clinics/habit-majestic
HABIT Platinum	CBD, Wellington	(04) 499 9037	www.habitrehab.co.nz/clinics/habit-platinum

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Rest of North Island

HABIT Petone	Petone, Wellington	(04) 568 9944	www.habitrehab.co.nz/clinics/petone
HABIT Upper Hutt	Upper Hutt, Wellington	(04) 528 0749	www.habitrehab.co.nz/clinics/upper-hutt-health-centre
HABIT Evans Bay	Kilbirnie, Wellington	(04) 387 2888	www.habitrehab.co.nz/clinics/habit-evans-bay
Pilates Flow Kelburn	Kelburn, Wellington	0800 474 528	www.pilatesflow.co.nz
Pilates Flow Hataitai	Hataitai, Wellington	0800 474 528	www.pilatesflow.co.nz

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South Island

Well & Good Health	Blenheim, Marlborough	(03) 577 8999	www.wellandgoodhealth.co.nz
Activate Physiotherapy & Rehabilitation	Nelson	(03) 548 2622	www.activatephysiotherapy.co.nz
Motus Ashburton	Allenton, Ashburton	(03) 308 3838	www.motushealth.co.nz/physio-clinics/motus-ashburton
Active Health Flaxton	Rangiora, Canterbury	(03) 383 6290	www.activehealth.co.nz/north-canterbury
Active Health Durham Street	Rangiora, Canterbury	(03) 383 6290	www.activehealth.co.nz/north-canterbury
Active Health Manchester Street	St Albans, Christchurch	(03) 383 6290	www.activehealth.co.nz/christchurch
St George's Cancer Care Centre	Strowan, Christchurch	(03) 375 6100	www.stgeorgescancercarecentre.org.nz
Complete Physiotherapy	Lincoln, Christchurch	(03) 366 2550	www.completephysiotherapy.co.nz
West Coast Physio	Hokitika, West Coast	03 755 6887	www.westcoastphysio.co.nz
My Physio	Highfield, Timaru	(03) 686 9399	www.myphysio.health.nz
Central Lakes Physio	Wanaka, Otago	(03) 443 1711	www.physiowanaka.co.nz

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South Island

Queenstown Physiotherapy	Queenstown, Otago	(03) 441 0580	www.queenstownphysiotherapy.com
Your Physio	Cromwell, Otago	021 264 9025	www.yourphysio.nz
Back in Motion Albany Street	North Dunedin, Dunedin	(03) 477 1680	www.backinmotion.co.nz
Back in Motion Mornington	Mornington, Dunedin	(03) 453 0523	www.backinmotion.co.nz
Back in Motion Centre City	Dunedin	(03) 474 9400	www.backinmotion.co.nz
Accelerate Physiotherapy	Invercargill	(03) 218 6583	www.acceleratephysio.co.nz

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