

Auckland

Active+ Albany	Albany, Auckland	(09) 444 1925	www.activeplus.co.nz/locations/albany-north-shore
Active+ Dominion Road	Mount Eden, Auckland	(09) 631 0010	www.activeplus.co.nz/locations/dominion-road/
Active+ Ellerslie	Ellerslie, Auckland	(09) 579 0004	www.activeplus.co.nz/locations/ellerslie
Active+ Highbrook East Tamaki	East Tamaki, Auckland	(09) 273 7414	www.activeplus.co.nz/locations/highbrook-east-tamaki
Active+ Howick	Howick, Auckland	(09) 535 9160	www.activeplus.co.nz/locations/howick
Active+ Orewa	Orewa, Auckland	(09) 427 4477	www.activeplus.co.nz/locations/orewa
Active+ Snells Beach	Snells Beach, Auckland	(09) 425 4433	www.activeplus.co.nz/locations/snells-beach
Active+ Warkworth	Warkworth, Auckland	(09) 425 7698	www.activeplus.co.nz/locations/warkworth
Auckland Physiotherapy Greenlane	Greenlane, Auckland	(09) 366 4480	www.aucklandphysiotherapy.co.nz/
Auckland Physiotherapy Newmarket	Newmarket, Auckland	(09) 366 4480	www.aucklandphysiotherapy.co.nz/
Clendon Physiotherapy	Manurewa, Auckland	(09) 266 3166	
New Lynn Physiotherapy	New Lynn, Auckland	(09) 826 1122	www.newlynnphysio.co.nz
NorthWest Physio+	Kumeu, Auckland	(09) 412 2945	www.northwestphysioplus.co.nz
Peak Pilates	Millwater, Silverdale	09 9590211	www.peakpilates.co.nz

PINC Physiotherapy Clinics



Auckland

Peak Pilates and Physiotherapy Botany	Botany Downs, Auckland	(09) 274 6000	www.peakpilatesgroup.co.nz/studio/botany
Peak Pilates and Physiotherapy Grey Lynn	Grey Lynn, Auckland	(09) 376 8343	www.peakpilatesgroup.co.nz/studio/grey-lynn
Peak Pilates and Physiotherapy Newmarket	Newmarket, Auckland	(09) 522 8221	www.peakpilatesgroup.co.nz/studio/newmarket
Peak Pilates and Physiotherapy Next Generation Gym	Parnell, Auckland	(09) 302 2702	www.peakpilatesgroup.co.nz/studio/parnellnext-generation
Peak Pilates and Physiotherapy St Johns	St Johns, Auckland	(09) 905 6102	www.peakpilatesgroup.co.nz/studio/st-johns
Peak Pilates and Physiotherapy Takapuna	Takapuna, Auckland	(09) 489 3482	www.peakpilatesgroup.co.nz/studio/takapuna
Peak Pilates and Physiotherapy St Heliers	St Heliers, Auckland	(09) 575 6418	www.peakpilatesgroup.co.nz/studio/st-heliers
Physio Flex	Helensville, Auckland	(09) 420 8899	www.physioflex.co.nz
Physio Mechanics Karaka	Karaka, Auckland	(09) 296 7677	www.physiomechanics.co.nz/karaka-clinic
Physio Mechanics Takanini	Takanini, Auckland	(09) 299 7677	www.physiomechanics.co.nz/takanini-clinic
Physio Rehab Group College Rifles	Remuera, Auckland	(09) 524 4648	www.physiorehabgroup.co.nz/college-rifles
Physio Rehab Group Lunn Avenue	Remuera, Auckland	(09) 527 8468	www.physiorehabgroup.co.nz/lunn-ave
Physio Rehab Group Manukau	Manukau, Auckland	(09) 262 2000	www.physiorehabgroup.co.nz

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Physio Rehab Group Mangere	Manukau, Auckland	(09) 979 5111	www.physiorehabgroup.co.nz
Ponsonby Physiotherapy	Ponsonby, Auckland	(09) 378 6890	www.ponsonbyphysio.co.nz
Return to Form Ponsonby	Ponsonby, Auckland	(09) 551 4460	www.returntoform.com
Return to Form Wynyard Quarter	Wynyard Quarter, Auckland	(09) 551 4460	www.returntoform.com
Shore Physio Birkenhead	Birkenhead, Auckland	(09) 480 5237	www.shorephysio.co.nz
Shore Physio Takapuna	Takapuna, Auckland	(09) 489 7573	www.shorephysio.co.nz
Total Physiotherapy	Pukekohe, Auckland	(09) 239 1856	www.totalphysiotherapy.co.nz
Waiheke Physio & Pilates	Ostend, Waiheke	(09) 372 8281	www.waihekephysio.co.nz

For more information

0800 BC NURSE (0800 226 8773)
supportservices@bcf.org.nz
www.breastcancerfoundation.org.nz

PINC Physiotherapy Clinics

Rest of the North Island

Bodyworks Physiotherapy & Wellness	Kerikeri, Northland	(09) 407 4288	www.bodyworksphysio.co.nz
Strength & Soul Studio	Whangarei, Northland	020 4000 8642	www.strengthandsoul.co.nz
Anglesea Clinic Physiotherapy	Hamilton, Waikato	(07) 858 0788	www.angleseaphysio.co.nz
Hillcrest Physiotherapy	Hillcrest, Hamilton	(07) 856 4656	www.hillcrestphysio.co.nz
Recover Rehab	Frankton, Hamilton	027 462 5343	www.recoverrehab.co.nz
Otorohanga Physiotherapy	Otorohanga, Waikato	(07) 873 7485	www.otophysio.co.nz
Pilates Body Dynamics	Taupo	021 566 894	www.pilates4life.co.nz
Focused Physiotherapy	Te Awamutu	(07) 871 4321	www.focusedphysio.co.nz
Body Performance Clinic	Cambridge, Waikato	(07) 823 1263	www.bodyperformance.co.nz
Thames Physiotherapy	Thames	(07) 868 9579	www.thamesphysio.co.nz
Te Ngae Physiotherapy & Pilates	Rotorua	(07) 282 2047	www.globalrehabilitation.co.nz
Body in Motion Bethlehem	Tauranga	(07) 927 3330	www.bodyinmotion.co.nz/bethlehem
Body in Motion Mount Maunganui	Mt Maunganui	(07) 927 3330	www.bodyinmotion.co.nz/mount-maunganui
Body in Motion Papamoa	Tauranga	(07) 927 3330	www.bodyinmotion.co.nz/papamoa

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Mount Physio & Pilates	Mount Maunganui	(07) 575 4080	www.mountphysio.co.nz
Total Rehab Physio	Bethlehem, Tauranga	(07) 576 6999	www.totalrehabphysio.nz
Energize Physiotherapy	Whakatane	021 889 459	www.energizephysiotherapy.me
Plus Rehab CHB	Waipukurau, Hawkes Bay	(06) 858 7802	admin@plusrehab.co.nz
Active+ New Plymouth	New Plymouth	(06) 769 9992	www.activeplus.co.nz/locations/new-plymouth
Active+ Palmerston North	Palmerston North	(06) 357 1705	www.activeplus.co.nz/locations/palmers-north
Churchyard Physiotherapy	Palmerston North	(06) 354 8008	www.churchyardphysio.co.nz
Align Physiotherapy	Napier	(06) 833 6485	www.alignphysio.co.nz
HABIT Evans Bay	Killbirnie, Wellington	(04) 387 2888	www.habitrehab.co.nz
HABIT Kapiti	Kapiti, Wellington	(04) 298 6491	www.habitrehab.co.nz
HABIT Majestic Centre	CBD, Wellington	(04) 499 9940	www.habitrehab.co.nz
HABIT Platinum	CBD, Wellington	(04) 499 9037	www.habitrehab.co.nz
HABIT Petone	Petone, Wellington	(04) 568 9944	www.habitrehab.co.nz
HABIT Upper Hut	Upper Hutt	(04) 528 0749	www.habitrehab.co.nz
Pilates Flow	Hataitai & Kelburn	0800 474 528	www.pilatesflow.co.nz

For more information

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PINC Physiotherapy Clinics

South Island

Well & Good Health	Blenheim, Marlborough	(03) 577 8999	www.wellandgoodhealth.co.nz
Activate Physiotherapy & Rehabilitation	Nelson	(03) 548 2622	www.activatephysiotherapy.co.nz
Motus Ashburton	Allenton, Ashburton	(03) 308 3838	www.motushealth.co.nz/physio-clinics/motus-asburton
Active Health Rangiora Fitness Centre	Flaxton, Rangiora	(03) 383 6290	www.activehealth.co.nz/north-canterbury
Active Health Durham Street	Rangiora, Canterbury	(03) 383 6290	http://www.activehealth.co.nz/north-canterbury
Physio NZ Sumner	Sumner, Christchurch	(03) 326 6225	www.physio-nz.co.nz
Physio NZ Woolston	Woolston, Christchurch	(03) 326 6225	www.physio-nz.co.nz
Active Health Manchester Street	Saint Albans, Christchurch	(03) 383 6290	www.activehealth.co.nz
St George's Cancer Care Centre	Strowan, Christchurch	(03) 375 6100	www.stgeorgescancercarecentre.org.nz
My Physio	Highfield, Timaru	(03) 686 9399	www.mypphysio.health.nz
Central Lakes Physio	Wanaka, Otago	(03) 443 1711	www.physiowanaka.co.nz
Queenstown Physiotherapy	Queenstown, Otago	(03) 441 0580	www.queenstownphysiotherapy.com
Back in Motion Albany Street	North Dunedin, Dunedin	(03) 477 1680	www.backinmotion.co.nz
Back in Motion Mornington	Mornington, Dunedin	(03) 453 0523	www.backinmotion.co.nz
Back in Motion Centre City	Dunedin	(03) 474 9400	www.backinmotion.co.nz
Accelerate Physiotherapy	Invercargill	(03) 218 6583	www.acceleratephysio.co.nz

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